

Indigenous cultural safety corner

The Coastal Medical Advisory Committee (CMAC), a subcommittee of the HAMAC, is following in HAMAC's footsteps and hosting an in-person Indigenous Cultural Safety (ICS) education session – [Hummingbird Level 1: Foundations Module 2](#). As health care providers, we have a responsibility to patients and clients to deliver high quality, culturally safe care that promotes reconciliation. All staff and medical staff are encouraged to visit the LearningHub and register for an upcoming, in-person session. With HAMAC having completed this group session last fall, we've experienced the value of participating in person and how this contributes to learning about the history of Indigenous people in Canada and moving each of us forward on our individual journeys toward truth and reconciliation.

CMAC update

CMAC leadership provided a one-year update following the amalgamation of the North Shore MAC and Rural MAC into a single unified CMAC structure last spring. The amalgamation was intended to create clear pathways for concerns raised at the local sites to be elevated to senior leadership tables such as HAMAC. The update highlighted that the change in structure has allowed for greater inclusion of the rural voice in Coastal, and bidirectionally, Coastal urban leaders have gained better oversight of the needs of the rural/remote sites. HAMAC will continue to stay informed on rural/remote issues to ensure access to quality care is prioritized for patients and clients in this region.

HAMAC continuing education: Modelling inclusive leadership through growth zones

The Equity, Diversity and Inclusion (EDI) team returned and presented the third topic in their education series to HAMAC – modelling inclusive leadership through growth zones. The four growth zones allow us to learn and develop and achieve our objectives. We begin in the comfort zone followed by the fear zone, then the learning zone and finally, the growth zone. HAMAC was reminded of the [six traits of inclusive leadership](#) that help us navigate through the different zones: commitment, courage, cognizance of bias, curiosity, cultural intelligence and collaboration. HAMAC was asked to reflect on a given scenario and what zones they might experience in the situation. By using the traits of inclusive leadership, you can allow yourself to move from the fear zone into the learning and/or growth zone to help you achieve your goals and demonstrate being an inclusive leader.

Toxic drug crisis: Road to Recovery

The HAMAC received a presentation on the [Road to Recovery \(R2R\)](#) initiative, a new model intended to transform substance use care in BC. As the toxic drug crisis worsens in the region, the need for substance use services is at its greatest. The R2R program has been created by Providence Health Care (PHC) in partnership with VCH's Vancouver Community and Regional Addiction Program. R2R is a seamless, well-organized system of care that allows providers, patients and clients to access substance use services and help direct them to the right type of care depending on their needs. There is a single-entry point into the R2R system of care – [Access Central](#). Providers can call Access Central and receive a comprehensive assessment that will help them navigate to the services their patient or client needs. Patients can also call Access Central and seek substance use support services on their own. Anyone in the VCH region can access services through the R2R program which has strong connections with rural and remote areas. HAMAC discussed the ongoing stigma around substance use disorder and how it prevents people from seeking the help they need. HAMAC will follow up on the R2R program regarding impacts and outcomes and will continue its work in connection with the toxic drug crisis.

Welcome to HAMAC!

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