

iCON-VCH Indigenous Health Round Survey Results

JUNE 20, 2023

The interCultural Online Health Network (iCON) and Vancouver Coastal Health (VCH) Indigenous Health hosted a virtual Indigenous Health Round, titled "Weaving Indigenous Ways of Knowing and Being in Palliative Care" We were honoured to have our speakers **Andrea Aleck, Anila Dina, and Dr. Anis Lakha**, and panelists **Dr Jennifer Walker, Alison Connor, Vivien McTavish, Jen Honey, Umilla Stead, Pat Reyes, Sierra Roberts, Leonie Streeter, Sibylle Tinsel, and Fran Coote** join us in circle for this webinar to discuss how to recognize and overcome barriers to palliative care for Indigenous People, what decolonizing palliative care means and the role of traditional values. The full recording is available at <https://indigenous.iconproject.org>

321 SESSION PARTICIPANTS

30%

Nurses

26%

Allied Health Professionals:
Social Worker, Occupational
Therapists, & others

12%

Family Physicians &
Specialist Physicians

19%

Health Administrators:
Faculty Members,
Community Leader & other
administrators

13%

Other:
Researchers,
volunteers, etc.

PARTICIPANT FEEDBACK

96%

agreed they have learned
something to help provide or
facilitate culturally safe care

99%

reported the session
improved recognition of
barriers to palliative care for
Indigenous people

95%

reported the session improved
learnings to overcome
barriers to palliative care for
Indigenous people

96%

reported the session improved
their understanding of the role
of traditional values in
providing culturally safe
palliative care

I am motivated to change my practice by "recognizing the importance of Indigenous cultural practices in care."

"I really enjoyed the three presenters and the team approach to this topic."

Reflecting on the session, I am motivated to change my practice by "[allowing] more time for visits with my Indigenous patients to foster trust and build relationships, [and encouraging] other family members to attend visits, with patient consent, so they feel well supported."

"[It was] very helpful to learn about how asking/discussing pain can be a trigger to entering memories of past and intergenerational trauma."

"So well done. I appreciated the small panel of presenters, then opening up to a larger group of experts for Q&A."

"[I liked] the personal stories shared [the most]."